

ONLY 79 DAYS UNTIL CHRISTMAS...

Well daylight savings is here and I am not sure about you but I love daylight savings as it always seems that there are more hours in the day to do those 'to do' lists and it's great arriving and leaving work when it's not dark.

With daylight savings comes an extremely busy time for our Industrial and Commercial temp divisions as we look to gear up for our 'high season'. As a result of this, we are on the lookout for candidates that are willing to roll their sleeves up and get stuck in. In a number of roles there is no prerequisite other than a great attitude and we have many clients over many different industries that provide varied temporary work opportunities. So if you know of someone that is looking for work on a permanent or temp basis, why not send them our way as a referral is the best type of compliment we can receive.

Remember to keep up to date with what's happening at Select with our Facebook page and if you have not "liked" us make sure you head to [facebook.com/selectrecruitment](https://www.facebook.com/selectrecruitment) and hit "like" as we have a number of exciting posts and competitions coming up. Also, don't forget about our job board at select.co.nz/job-board as we have new and exciting opportunities being posted every day.

Karen Bardwell - Managing Director



HAVE YOUR SAY AT THE HEALTH & SAFETY MEETING

Come and be a part of our next Temp Health and Safety Meeting
Thursday October 27th, 5.30pm at the Select Office Dunedin.
Your opinion counts!

IMPORTANT REMINDERS TO ALL TEMPS

- To ensure you are paid on time you must have an accurate & signed (by your site supervisor) time-sheet to Select by **9.00am each Monday**.
- Ring immediately or at least 1 hour before you are due to start work if you can't attend work because you are sick.
- Make sure you wear all safety gear (PPE).
- Report all incidents immediately by ringing **Dunedin (03) 477 0873** or **Christchurch (03) 374 4398**.



WORKING TOGETHER TO STAY SAFE

For a quick reference guide to the Health and Safety at Work Act 2015 (HSWA)

VISIT

worksafe.govt.nz/worksafe/hswa/hswa-guidance

PLEASE DRIVE SAFELY THIS LABOUR WEEKEND OCT 22-24



With the long weekend fast approaching it is a good time to perform some basic safety checks on your vehicle. Here are some handy hints from NZ Transport Agency.

TYRES

Check the tread depth. Minimum legal depth is 1.5mm, but the more tread you have the better the grip and the safer you'll be.

Check the tyre pressure – correct levels can usually be found on the inside door frame.

Look for cracks or bubbles in the sides.

Look for sharp objects stuck in the tyres.

WINDSCREEN, WIPERS AND MIRRORS

Check your wiper blades for wear and tear.

Clean your mirrors and windscreen inside and out.

Get your windscreen fixed if it's chipped or cracked.

Check your windscreen washer fluid is full and the spray is working.

INDICATORS

Turn your hazard lights on and walk around the car – check all indicators are flashing.

RUST

Look for obvious areas of corrosion that can weaken the car's structure.

LIGHTS

Check lenses are clean and not cracked or hazy.

Check your headlights, reversing lights and brake lights are working. Check your back lights by reversing close to a wall so you can see the reflection in your rear view mirror.

For more helpful hints visit www.nzta.govt.nz/checkyourcar

SAFETY - EVERYONE IS RESPONSIBLE

- Get a first day on-the-job induction
- Follow all Health and Safety Procedures on site
- You must report all work accident/incidents to Select immediately
- Wear All PPE - AT ALL TIMES
- Ask your supervisor if you have any safety concerns
- Report any hazard immediately to your site supervisor and Select to help prevent accidents

Be Safe, Stay Safe, Go Home Safe

ACCIDENT/ INCIDENT BOARD

- CHRISTCHURCH: 1
- DUNEDIN: 1

Stretch for Commercial Long Calf

- Lean into a wall with one foot in front of the other (shoulder width apart)
- Lean onto front leg, heels on the ground, back knee straight.



For further tips visit worksmarttips.co.nz

HAVE YOU CHECKED YOUR PPE (SAFETY GEAR) RECENTLY?

It is important to regularly check the condition of your PPE gear and equipment eg: the soles of your steel capped boots. If you are ever unsure when items need replacing then don't hesitate to contact Select for advice.



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